

# Voluntary Action Shetland



Annual Review  
2013 – 2014



## Chairman's Foreword

We follow last year's record-breaking business levels with an even busier twelve months. Hard-won external funding (£1.07m in the current year!!) has prompted service increases in several key areas, extending our contribution to community life. Some of our groups are now hot-desking within Market House to support this enhanced voluntary effort – all which creates a positive buzz around the place helping maintain the enthusiasm and dedication of our growing volunteer numbers.

Volunteer numbers, adults as well as younger people, are holding up, witness the successful Saltire and Shetland Youth Volunteer Awards' events. The demise of the SIC-paid Youth Worker created an immediate demand for volunteer replacements.

In January we purchased three mini buses – formerly the Shetland Islands Council's Community Mini Buses – our entry into the world of community transport. The SIC is about to publish its transport strategy and we intend to contribute to its delivery in consultation with community groups and organisations. Our community planning partnership role requires us to contribute to important community service strategies and plans together with the statutory agencies, principally the SIC and NHS Shetland, in determining their scope and direction. The national debate over the integration of health and social care services continues; locally this process proceeds somewhat uncertainly but will hopefully be resolved during the year to come. The Third Sector can then position itself in a clearer and more sustainable role over the range of community care services.

The Peer Education Service transferred to VAS during the year. Quickly established in Market House it soon recovered from earlier trauma and continues to extend its service to the community. VAS has established the Virtual Carers Centre supporting the carer outreach service used increasingly by families throughout Shetland. Big Lottery funding means The Befriending Service is now extended to the over 60s; the service has gained the Quality in Befriending award, the national quality mark – congratulations to them all! Elsewhere VAS is particularly busy assisting groups and organisations to acquire SCIO (Scottish Charitable Incorporated Organisation) status – charitable status with limited liability obviating the need for audited company accounts – a huge relief for many groups. Sadly we must note the suspension of the Shetland Bereavement Support Group client service as their Lottery funding runs out with no alternative sponsor to help sustain what has been a well-used and appreciated service.

Moving On continues to outperform the national service benchmark with a 70% transition rate from training into employment and, remarkably, 80% retained in employment on follow-up. The Shetland service, featured in national publications, has recently been awarded a 5-year Big Lottery grant to help continue its work.

We are now part way through the final year of our three-year funding agreement with Shetland Charitable Trust and must soon enter into dialogue with SCT on the way forward for the services we deliver in partnership with them – they currently fund 24% of VAS's service delivery to the Shetland community. The Third Sector Forum has tasked VAS to consult with SCT on behalf of member groups on the future direction of funding priorities.

All of our staff has contributed to another very successful year, working under competing pressures. Led by our Executive Officer, herself working through a most trying personal time, they can take credit for a job well done. I must acknowledge and thank fellow Board members for their enthusiastic support as I step down from the Chair after an eventful and enjoyable 6 years.

**Gussie Angus**  
Chairman

## VOLUNTARY ACTION SHETLAND MARKET HOUSE

### Organisational Structure

Voluntary Action Shetland has a Management Board of up to 9 directors who meet six times per year. Currently there are 9 directors from a variety of professional backgrounds, the Executive Officer also attends board meetings but has no voting rights. The Executive Officer is also the Company Secretary.

The day-to-day operation of Voluntary Action Shetland is delegated to the Executive Officer.

The Executive Officer is responsible for the delivery, management and monitoring of all grants awarded to Voluntary Action Shetland and line manages all staff and projects under the umbrella of Voluntary Action Shetland.

Voluntary Action Shetland is one of the 32 Third Sector Interface (TSI) organisations throughout Scotland. We deliver on four key areas for the government. Voluntary Action Shetland is recognised by Shetland Islands Council Community Planning Partnership as the TSI for Shetland. A proportion of our funding comes from the Scottish Government to deliver services to the third sector locally.

### Objectives and Activities

Voluntary Action Shetland's objects and principal activities are to:

- Promote any charitable purposes for the benefit of the inhabitants of Shetland and in particular the advancement of education, furtherance of health and the relief of poverty, distress and sickness
- Promote and organise co-operation in the achievement of the above purposes and to that end bring together Council representatives of the statutory authorities and voluntary organisations engaged in the furtherance of the above purposes or any of them within Shetland
- Do all other things as will properly attain the above purposes

### MISSION STATEMENT:

Voluntary Action Shetland seeks to respond to and support voluntary services in Shetland by meeting present and emerging needs, developing and promoting new ways of responding and encouraging people in Shetland to offer voluntary service to their community.

### Voluntary Action Shetland's Vision

Voluntary Action Shetland's vision for Shetland is to achieve a position where all citizens and organisations are empowered and enabled to grow a strong and vibrant community

- To support the growth, capacity and development of the third sector in Shetland
- To continue to promote volunteering through the Saltire Awards and locally developed schemes
- To utilise the knowledge of the skills and expertise of the third sector to enhance delivery of local services
- To support and encourage the development of social enterprises
- To deliver the outcomes in the An Enterprising Third Sector Action Plan through work with partners
- To continue to be involved in the review of Community Planning locally

The main objectives and activities for the year continue to focus on the four core objectives of the VAS Operational Plan.

- Building the third sector relationship with community planning
- Supporting and developing a strong third sector
- Social Enterprise development
- Volunteering development

### Achievements and Performance

#### 1. Building the third sector relationship with community planning

VAS is the recognised Third Sector Interface (TSI) for Shetland. Each local authority area in Scotland has a TSI to support, promote, develop and represent the third sector to assist community groups, organisations, social enterprises and volunteering. The TSI is a vital connection between the Community Planning Partnership (CPP) and the third sector and regularly attends CPP meetings throughout the year.

We continue to attend the Community Health and Care Partnership and Management Team, delivering on various strands of the change plan including carers support and community capacity building. The Scottish Government have mandated that implementation of the Reshaping Care for Older People (RCOP) in each local area be governed by a multidisciplinary team, the RCOP Strategic Partnership and we, as the TSI are the Third Sector Strategic Lead on the Partnership. The Partnership's

## VOLUNTARY ACTION SHETLAND MARKET HOUSE cont.

primary role is to agree a plan to strategically deliver the Programme and manage its implementation in the unique local context. The core partners: VAS, NHS, and SIC are also required to 'sign off' this plan at the local level.

Third Sector organisations continue to deliver commissioned services on behalf of the local authority. Funding for many organisations continues to be problematic with external funding agencies reporting that most of their funding streams are oversubscribed this year.

We continue to represent the interests of the sector on various strategic forums; a full table of representation can be accessed <http://shetland-communities.org.uk/subsites/vas/representation.htm>

### 2. Supporting a strong third sector

Through Market House we support the 18 resident organisations on a daily basis and provide access to the facilities of Market House for external organisations. We also are responsible for the day to day management of Disability Shetland and the services they provide to their clients. This financial year we have had over 12,000 visitors to Market House not including numbers utilising Market House out with normal working hours. These visitors either receive services, access the facilities for training or obtain assistance from one of the resident organisations.

The Independent Examination of Accounts service provided to Third Sector organisations has proved very popular with 32 third sector organisations having their accounts examined by our fully trained staff, including community halls, community councils and various other Third Sector organisations.

As one of the registered bodies in Shetland that can act for Third Sector organisations, we process applications to the PVG Scheme.

We continue to publish The New Shetlander, the quarterly literary magazine that publishes items of local interest. This magazine is thought to be the oldest literacy magazine in Scotland and we thank the dedicated voluntary committee, contributors and advertisers for their support.

### 3. Social Enterprise Development

We have provided one to one support to social enterprise organisations with business planning, asset transfer and funding options, also linking them with national organisations such as the Development Trust. Information was sent out through VISP specifically for social enterprises around procurement, training and national initiatives.

SCIO (Scottish Charitable Incorporated Organisation) enquiries have been a key part of supporting the Third Sector including Social Enterprises this year. This is helping to strengthen their structure and restrict liability for individuals making organisations more sustainable.

A Social Network Enterprise meeting was hosted by COPE Ltd looking at the theme 'Current Climate and Challenges'. COPE Ltd shared their experiences of making radical changes and how they are weathering the funding cuts. This valuable network helps to link organisations with similar challenges.

Working with the Social Enterprise Academy we have an ongoing training programme around 'Action Learning' bringing together various organisations to learn new skills and form a support mechanism that will outlast the training.

VAS has played a key role in the Local Action Group taking forward the business plan consultations for the coming LEADER programme working with local communities to identify priorities for the coming years. We also attended the annual LEADER conference on behalf of the local partnership.

### 4. Volunteering development

We continue to publish the Voluntary Voice leaflet three times year. The Third and Independent Sector Partnership administered by VAS, circulates information on various issues to over 100 organisations and have issued 85 e-mail bulletins on funding opportunities and items of interest.

VAS hosted the second Saltire Youth Volunteering Awards during March 2014. 123 young volunteers achieved 358 awards. Over 70 charities and organisations have benefitted directly through youth volunteering during 2013/2014. Volunteers requesting Saltire awards this year had completed over 11,370 hours representing the equivalent of 307 full time working weeks. By the end of March over one quarter of the high school population in Shetland were currently working towards or registered to take part in the Saltire Awards. Once again we surpassed all of our targets relating to Saltire.

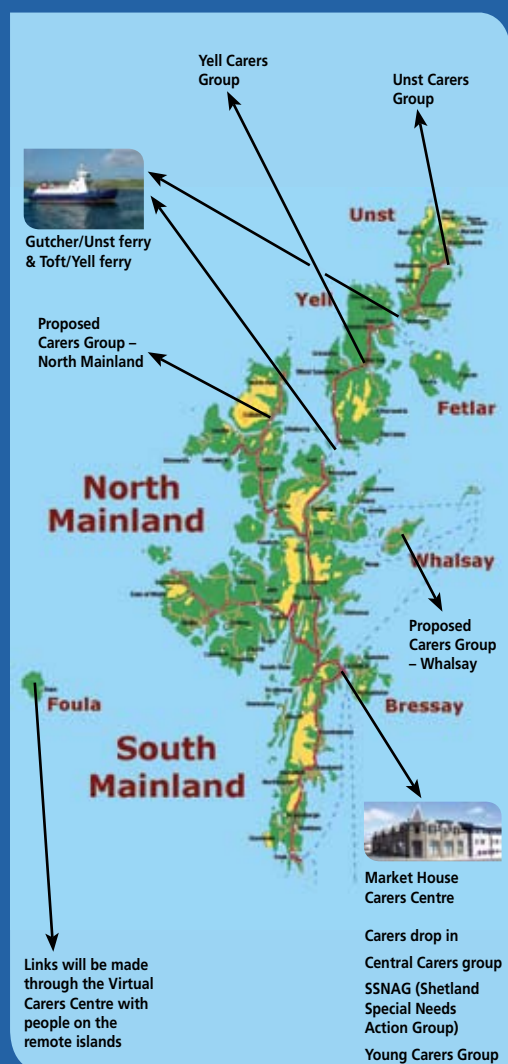
The 4th annual Shetland Youth Volunteering Awards took place in the Lerwick Town Hall during November 2013. These awards are developed by VAS in partnership with the Rotary Club of Shetland and our new partners BP Sullom Voe. This new partnership has enabled us to expand by introducing a new award (the "one team" award) to recognise the achievement of groups of young volunteers. Other partners include the local authority, previous winners and young volunteers. The ceremony was once again held to coincide with CSV "Make a Difference Day". This year 16 individuals, 8 groups and 10 organisations were nominated for awards.

This year VAS supported 4 organisations towards achieving their Volunteer Friendly Awards; an accreditation recognising the value and support of volunteers to organisations however, in March 2014 only 1 organisation had managed to complete the award although we are hopeful that all of the others will achieve this during 2014.

We have promoted volunteering throughout Shetland including all 8 Senior and Junior High Schools as well as the Shetland college, 3 of the Shetland community agricultural shows, the further education convention, the VAS Easter Fair and at various youth and community groups during the year. In addition to this our volunteering team have responded to numerous public enquiries and have met with a large number of local and national organisations to promote and assist local volunteers with opportunities both in Shetland and further afield.

## CARERS CENTRE & VIRTUAL CARERS CENTRE

*Connecting carers in geographically isolated areas*



### VAS Carers Support

The role of the Voluntary Action Shetland Support Worker is to research unmet needs locally and support unpaid carers.

According to current research, carers need information to support their caring role. This can be difficult to find, can be time consuming and lead to costly phone calls. Many carers also need help to cope with what can be an emotionally draining and sometimes physically difficult role. Research carried out by Carers UK estimates that around 1.25 million carers spend over 50 hours a week caring, and 45% have been caring for longer than five years.

Carers often face multiple daily tasks attached to the unpaid care role they have taken on and it can change their entire lifestyle and place an enormous strain on them. However, many carers also say that with the correct information and support, caring can be a rewarding experience.

This year VAS has extended the services it provides to unpaid carers in Shetland by working to establish a network of local outreach support groups. This builds on the support offered through our Lerwick Carers Centre. The carer support worker has been attending team meetings with local authority care staff in Lerwick and in Whalsay to look at how partnership working can support local carers.

The Virtual Carers Centre [www.shetlandcarers.org](http://www.shetlandcarers.org)

Shetland Carers Facebook page [www.facebook.com/ShetlandCarers](http://www.facebook.com/ShetlandCarers)

The support worker can also now help by supporting carers through a carer's assessment. The links have been included on the Virtual Carers Centre.

Another year of successful short break funding has enabled VAS to give out 20 short break grants which are additional to statutory respite provision and are responsive to the needs expressed by the carer.



June 2013 saw the OPEN Peer Education Project join the VAS team, with four employees and eight volunteer peer educators. This group of 16 – 25 year olds have brought a new vitality to Market House and is growing from strength to strength. The aim of the project is to establish and embed peer education across Shetland as a methodology of raising awareness and positive choices, especially with the issues of substance misuse and sexual health.

The year has seen an increase in trained peer educators to 14 delivering 22 workshops with 155 young adults. The project has grown and developed to become a very important service that is able to deliver the necessary Curriculum for Excellence (CFE) outcomes in range of public sector provisions; be that social or educational. The workshops and activities of the project contribute toward the CFE, meeting the needs of teachers and pupils in fulfilling learning experiences and outcomes – especially in relation to health and wellbeing.

It is important to emphasise the impact this work is having on local services, both from a social and economic perspective. In recognition of the number of hours achieved by OPEN's volunteers this year, approximately £5000 has been contributed towards youth work provisions alone, not taking into account the project work in schools.

The young people OPEN reaches out to in Shetland (aged 13 to 25) are now well-informed about local and national services and resources available to them. We strongly believe this encourages young people to make informed choices and take fewer risks that affect their mental and physical health; resulting in healthier, happier lives.

## VOLUNTARY ACTION SHETLAND



Voluntary Action Shetland publishes The New Shetlander, the quarterly literary magazine that prints items of local interest. The New Shetlander is published quarterly and gives space to writers, poets, critics and others with items of interest to residents of Shetland. This magazine is thought to be the oldest literacy magazine in Scotland and is supported by a committee of dedicated volunteers, contributors and advertisers.



### **BBC Children In Need Appeal**

Voluntary Action Shetland is the area distributor for the small grant welfare fund which awards grants to families with children aged 18 and under who are experiencing financial difficulties. These grants are awarded for clothes, shoes and special projects and are allocated on referral from social workers, doctors, health visitors, teachers and other agencies. This year Voluntary Action Shetland has awarded 45 grants and assisted 69 children.

### **SCIO (Scottish Charitable Incorporated Organisation)**

2013/14 was very busy for VAS Development Staff with many enquires around SCIO transfers from about 20 third sector organisations. Support for organisations varied from assisting with new constitutions and applications forms together with advising on the process. Inevitably not all were straight forward with a learning journey for Anne and Wendy together with the volunteers around transferring assets. Many blank faces were seen at committee meetings when asked who owns the building and where is the paperwork. However, there are now several third sector organisations that have transferred with around 15 currently in various stages. One of the main reasons for this transfer is to limit financial liability for the trustees, helping to sustain the structure of the organisations for the future. OSCR confirm that there are currently 279 registered charities in Shetland with 10 of those being SCIO's, six of these are new charities and the other four transferring from other legal forms. We have assisted these 10 SCIO's during in the last year.

**Disclosure**  
SCOTLAND

### **PVG Scheme Disclosures**

Voluntary Action Shetland is a registered body with Disclosure Scotland to provide a service for voluntary organisations in Shetland to administer their applications to the PVG Scheme. We have 100 community groups registered with us and, this year, processed 151 PVG forms to Disclosure Scotland

### **Charity Law Advisors**

VAS has two members of staff trained as charity law advisors. They can provide clear, correct, consistent and confident advice on charity law and regulation. This includes support for charities to become Scottish Charitable Incorporation Organisation.

### **Association of Charities Independent Examiners**

VAS currently have 5 members of staff who have gained their membership of Association of Independent Charity Examiners and are qualified to carry out independent examinations of voluntary organisations accounts with gross income of less than £100,000. We have 50 community groups registered for this service and this year we have examined 32 organisations accounts, including community halls, community councils and heritage groups.



Adults can be interviewed for their first passport at Market House by appointments arranged with Her Majesty's Passport Service. Application forms are available at the post office and Market House. This year over 100 Shetland residents have obtained their first passport in this way.



### **Community Portal Website**

The Shetland Community Portal provides a source of information for local groups and organisations including access to the 'Community Toolkit' which offers guidelines on setting up and running a community group, legal requirements and good practice recommendations. There is information for individual residents (and visitors) with local information and national information and links, such as community groups, transport and emergency helplines. Finally the portal allows the opportunity for Shetland community and voluntary groups to have their own web presence at a very low cost, with training and support included. Users range from local churches and community councils to Shetland clay target and caravan clubs; with larger users such as VAS itself.

### **Parent Link Shetland**

Parent Link has continued to develop its service to Shetland parents this year with new facilitators being trained to deliver parenting courses around the island. Five new facilitators started their training by completing the Parenting4All Development Award and two, Julia Halcrow from Burra and Wilma Goodlad from Scalloway have successfully delivered two courses in Burra and Mossbank to almost complete their training. With another course in the pipeline and a presentation to the Social Enterprise Academy coming up in June, Parent Link will hope to have doubled its number of facilitators allowing more flexibility to deliver courses to parents in all communities throughout Shetland.

## SHETLAND YOUTH VOLUNTEERING AWARDS 2013

Over 150 people attended the Annual Shetland Youth Volunteering Awards ceremony which were held in the Lerwick Town Hall on Tuesday the 12th November 2013. The civic reception was hosted by SIC Convenor, Malcolm Bell and the awards were sponsored by Voluntary Action Shetland, The Rotary Club of Shetland and new partner BP Sullom Voe. The quality of nominations this year was higher than ever, with 16 nominations in the individual volunteers category, 10 in the organisations category and 8 in the new “one team” category. VAS and the Rotary Club of Shetland were delighted to welcome BP Sullom Voe as a new partner to the awards and were also very pleased

to see the introduction of a new “One Team Award” designed to specifically recognise the contribution of groups of young volunteers (who do not specifically have to be affiliated to an organisation).

Gussie Angus (chairman of the Voluntary Action Shetland) presented certificates to the 3 finalists in the Organisations category; Disability Shetland, Hame Fae Hame and the Shetland Befriending Scheme Mr Angus was then asked to open the golden envelope to reveal that the overall winner of the best youth volunteer supporting organisation 2013 was the Shetland Befriending Scheme.



## DISABILITY SHETLAND

VAS continue to manage Disability Shetland staff, to oversee their individual projects and budgets and to liaise with trustees with regard to sustaining and developing services.

Some achievements of Disability Shetland during 2013/14 include:-

Disability Shetland took over the running of the Additional Support Needs (ASN) Holiday Club from SIC after a successful pilot during the Easter break. Parents have been very satisfied with the change in club operator and service users have thoroughly enjoyed the sessions. This means that, with financial support from SIC, these Holiday Clubs will continue to operate during the Summer, October and Easter holidays for children and young people with ASN.

Following good partnership working between Disability Shetland's Children and Young People's Co-ordinator, the schools in Northmavine, the Community Council and the area's development worker Disability Shetland launched 2 youth clubs in Northmavine during 2013. The North Roe Club meets fortnightly in the Public Hall while the Urafirth Club meets monthly in the school. All local children are welcome to attend these new inclusive clubs.

Big Lottery's Young Start awarded a grant of £23,532, over 2 years, to secure the future of Disability Shetland's Youth Sports Club for teenagers with ASN. This is great news for the thriving club which follows a successful pilot project and now has 21 clients attending.

Grant funding of £9,895 has been secured by Disability Shetland from Big Lottery's Celebrate Fund to host a

Sports Event in Shetland for people with Additional Support Needs to coincide with the Opening Ceremony of the Glasgow Commonwealth Games. The Peerie Birl will take place on Saturday 12th July at Clickimin Centre.



Bairns at Urafirth Youth Club.



Bairns at North Roe Youth Club.





Voluntary Action Shetland hosted the second Saltire Youth Volunteering Awards ceremony in Mareel on Monday the 24th March 2014. 123 young volunteers were eligible to attend the event to receive their awards varying from 10 hours to 500 hours. More than 70 different organisations and schools throughout Shetland have benefitted by these young people volunteering in a diverse range of activities. These volunteers requested 358 awards between them with many receiving several awards.



## **YOUTH VOLUNTEERING DEVELOPMENT WORKER**

This year I have visited all the junior high schools in Shetland to speak to students about volunteering. 123 new Saltire volunteers registered between April 2013 and March 2014 which means in total approximately 25% of the high school roll in Shetland is now registered to participate in the Saltire awards.

I continue to represent VAS on the 16+ Providers group, Generations Working Together group and on the local LGBT working group forum. This year I was also approached by Youth Services, in partnership with BP and the Dame Kelly Holmes foundation, to assist with their "BP Young Leaders" programme. The programme aims to support 10 vulnerable young people to become active citizens within their community by participating in a number of volunteering opportunities. The young people are also mentored and provided with a range of skills to help them reach a positive destination. The young people are all invited to become volunteers for the Glasgow 2014 Commonwealth Games if they agree to participate and engage with the rest of the programme. During 2013, VAS provided these young volunteers with peer education training and in 2014 VAS will be working with these young people to produce a short film advertising the vast range of volunteering opportunities available throughout Shetland. The film is expected to launch in early June 2014.



## VOLUNTARY ACTION SHETLAND

### SHETLAND BEFRIENDING SCHEME

#### – SHETLAND BEREAVEMENT SUPPORT SERVICE

#### SHETLAND BEFRIENDING SCHEME



The befriending service has continued to report high demand for its service running into its 14th year of operation. Such is the case in particular with the 60+ section, whereby the service recruited a part-time worker in Dec 2013 to support the current full-time member of staff. The scheme, over the four sections, has recruited 52 volunteers and supported 94 matches in the last financial year with demand readily exceeding availability of volunteers.

The service secured the Quality in Befriending (QiB) in July 2013. Launched by Befriending Network Scotland in 2010, QiB is a quality award specifically for befriending projects. QiB assesses the core work of befriending projects and covers nine practice areas.

*An external verifier states "Achieving QiB demonstrates that a project has the management expertise, processes and resources to deliver a consistently high quality service. Both client and volunteers can expect to be fully prepared and supported throughout their befriending experience."*

Funding has continued to be a challenge to secure in the current financial climate; however the scheme was successful at securing external funding for the Children and Young People's ASN service from Scottish Government's Better Breaks grant programme totalling £21,093. The service was also successful at securing £1500 from Tesco Charity Trust for the Children and Young People at Risk section, £250 from James T Howat Charitable Trust for the Young Adults section and has also been fortunate to receive local donations from a range of businesses and groups to support continued service delivery.

The service was also delighted to be the winner of the 2013 Shetland Youth Volunteering Award, organisation category.

The service staff would like to take the opportunity to thank its current funders: The Shetland Islands Council, Shetland Charitable Trust, the BIG Lottery, the Robertson Trust and Children in Need for their financial support. Staff would also like to thank all the volunteers as without their contribution the service would be unable to provide the support it offers to its service users.

#### SHETLAND BEREAVEMENT SUPPORT SERVICE (SC037783)

SBSS is a charity that provides a one to one support service for adults and children living in Shetland following a bereavement, whether recent or in the past. All support workers are fully trained in bereavement support and work on a voluntary basis.



Over the past year, no funding has been secured for the service, despite numerous funding bids being submitted. Trustees made the very difficult decision to suspend all client work until new funding can be found. The service still raises awareness and provides information and training in bereavement support.

In 2013-14 SBSS supported 54 clients with one to one support. A further 44 children received support through the Seasons for Growth programme delivered in schools in partnership with SIC Psychological Services.

With high demand for the service, and a well trained, experienced number of support workers, it is hoped that funding can be secured as soon as possible so that Shetland does not lose this very worthwhile, respected and valuable service.

'I can't praise SBSS enough! My counsellor was so professional, caring & compassionate and I thank her with all my heart for the immense support given. A most invaluable service.'

If you would like to help with fundraising or make a donation to the service, please contact:

**Ellen Hughson, email [ellen.hughson@shetland.org](mailto:ellen.hughson@shetland.org) or call 01595 743933.**

**VAS Staff 2013/2014**

<b>Catherine Hughson</b> Executive Officer .....	743901
<b>Anne Robertson</b> Development Officer .....	743902
<b>Lynette Nicol</b> Finance Officer P/T .....	743903
<b>Wendy Hand</b> Development Worker .....	743905
<b>Kirsten Harcus</b> Support Worker P/T .....	743980
<b>Jo Jack</b> Support Worker .....	743923
<b>Kate Massie</b> Administration Assistant - ASCC/Reception.....	743906
<b>Ellen Hughson</b> Administration Assistant P/T .....	743912
<b>Sue Beer</b> Development Worker – Volunteering P/T .....	743909
<b>Neil Pearson</b> Youth Volunteering Development Worker .....	743910
<b>Kathleen Williamson</b> Volunteer Placement and Support Worker P/T .....	743911
<b>Lynn Tulloch</b> Shetland Befriending Scheme Co-ordinator P/T .....	743907
<b>Laura Russell</b> Shetland Befriending Scheme Development Worker .....	743946
<b>Mairi Jamieson</b> Shetland Befriending Scheme Development Worker .....	743964
<b>Elaine Mouat</b> Shetland Befriending Scheme Development Worker .....	745898
<b>Pauline Mackie</b> Shetland Befriending Scheme Development Worker P/T .....	743908
<b>Hansen Black</b> Parent Link Co-ordinator P/T .....	743952
<b>Una Murray</b> Peer Education Co-ordinator P/T .....	745074
<b>Saul Day</b> Peer Education Co-ordinator P/T.....	745074
<b>Wayne Leask</b> Peer Education Support Worker P/T.....	745074
<b>Claire Antonio</b> Cleaner P/T <b>Shannon Boston</b> Cleaner P/T <b>Joan Hughson</b> Cleaner P/T	

**VAS Directors 2013/2014**

- **Mr Leslie Angus** Chairman • **Mr Les Irving** Vice Chairman • **Mr Alec Miller** Finance Director •
- **Mr Willie Henderson** Director • **Mr John Hunter** Director • **Mrs Margaret Stevenson** Director •
- **Mrs Marilyn Stewart** Director • **Mr James Shepherd** Director • **Mr Allison Duncan** Director •

**EXTRACT OF ACCOUNTS****INCOME AND EXPENDITURE ACCOUNT – 31 MARCH 2014**

	£	2014 £	£	2013 £
<b>INCOME</b>				
Grant income		880,326		677,992
Other income		145,750		116,777
		<u>1,026,076</u>		<u>794,769</u>
<b>EXPENDITURE</b>				
Charitable activities	847,376		794,664	
Governance costs	10,242		11,438	
		<u>857,618</u>		<u>806,102</u>
<b>SURPLUS / (DEFICIT) OF INCOME OVER EXPENDITURE</b>				
Bank interest receivable		168,458		(11,333)
		<u>2,170</u>		<u>2,136</u>
<b>SURPLUS / (DEFICIT) BEFORE TRANSFERS</b>				
Capital Reserves movement		170,628		(9,197)
		<u>100,323</u>		<u>100,325</u>
<b>INCREASE IN INCOME FUNDS</b>				
		<u>270,951</u>		<u>91,128</u>
		=====		=====

**BALANCE SHEET – 31 March 2014**

	£	2014 £	£	2013 £
<b>FIXED ASSETS</b>				
Tangible assets		1,468,575		1,563,847
<b>CURRENT ASSETS</b>				
Debtors	29,969		19,014	
Cash at bank and in hand	687,532		426,705	
	<u>717,501</u>		<u>445,719</u>	
<b>CREDITORS:</b>				
Amounts falling due within one year	(53,632)		(47,750)	
<b>NET CURRENT ASSETS</b>				
		<u>663,869</u>		<u>397,969</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>				
		<u>2,132,444</u>		<u>1,961,816</u>
		=====		=====
<b>REPRESENTED BY</b>				
Restricted capital funds		1,461,246		1,561,569
Restricted income funds		587,509		314,427
Unrestricted income funds		83,689		85,820
<b>TOTAL FUNDS</b>				
		<u>2,132,444</u>		<u>1,961,816</u>
		=====		=====

The figures contained within the income and expenditure account and the balance sheet shown above were extracted from the company's audited financial statements. These were approved by the board of directors on 24 June 2014.

A copy of the company's audited financial statements for the year ended 31 March 2014 can be obtained from our main office or by writing to the following address: Registrar of Companies, Companies House, 4th Floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh EH3 9FF (quoting ref SC165677)



Advice  
 Good Practice  
 Support  
 Information  
 Respresentation  
 Development  
 Volunteering  
 Training

**VOLUNTARY  
 ACTION SHETLAND**

Market House  
 14 Market Street  
 Lerwick  
 Shetland  
 ZE1 0JP

Telephone 01595 743900  
 Fax 01595 696787  
 Email [vas@shetland.org](mailto:vas@shetland.org)  
 Web [www.va-shetland.org.uk](http://www.va-shetland.org.uk)

